

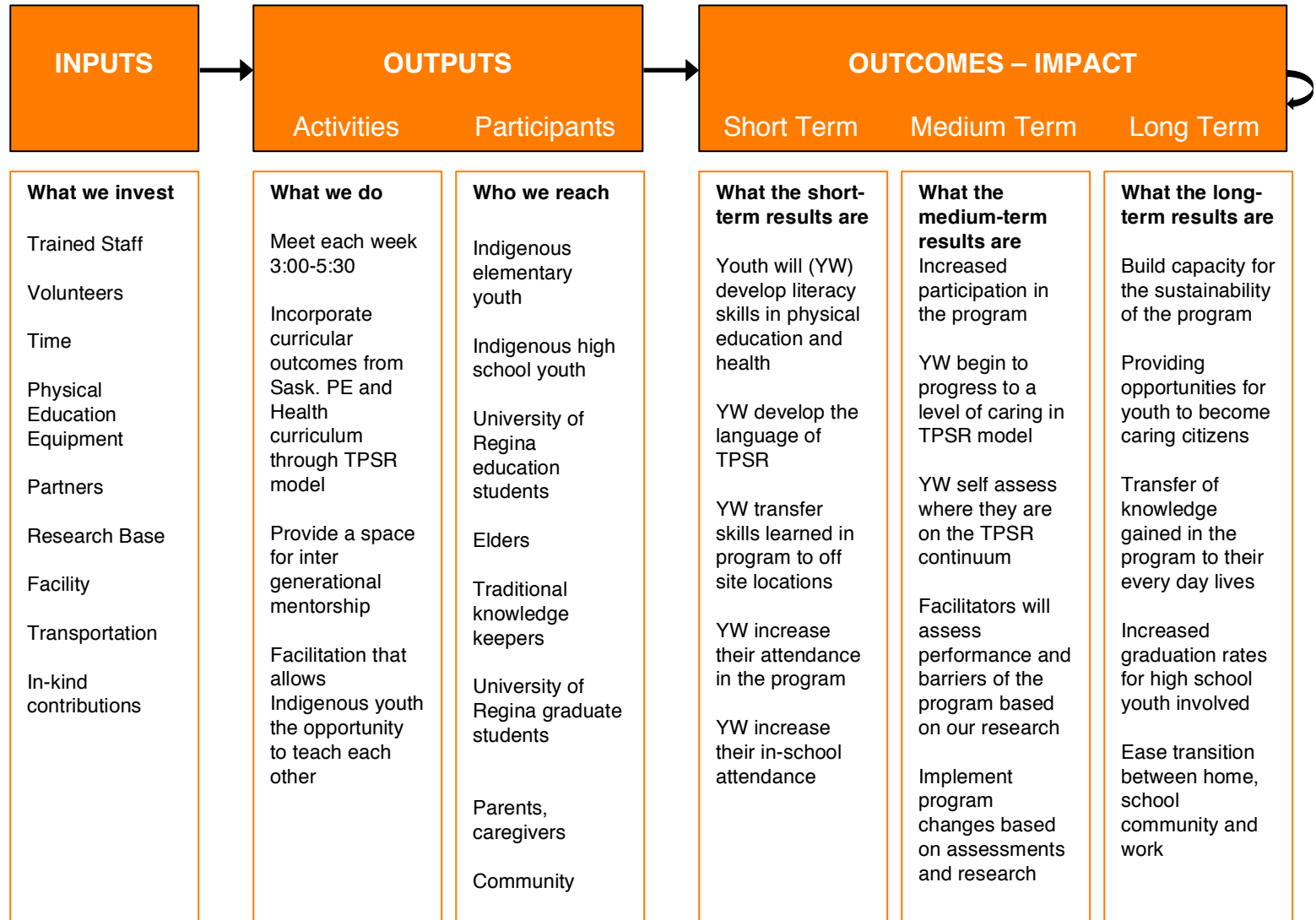


Growing Young Movers: Indigenous Youth After-School Programs

Through **community partnerships** Growing Young Movers (GYM) is a student-centered **intergenerational urban Indigenous network** focused on enhancing **21st century living skills** through **experiential opportunities** with movement and wellness.

SITUATION

There is a need for programming that focuses on development of personal and social responsibility. Within current research and literature on protective factors this program provides opportunities for youth to engage in positive wellness activities that serve as sustaining elements for other parts of their lives.



EVALUATION

T.A.R.E Tool, Self Reflection, Daily Assessments, School Attendance, 'How are we doing?' Program Assessment